



# Staying Beautiful: Beauty Secrets and Attitudes from My Forty Years As a Model

*By Carmen, Alfred Allan Lewis*

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- Sales Rank: #244960 in Books
- Brand: HarperCollins
- Published on: 1985-03
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Binding: Hardcover
- 203 pages

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