



# Employment for Individuals with Asperger Syndrome or Non-Verbal Learning Disability: Stories and Strategies

By Yvona Fast

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Most people with Non-Verbal Learning Disorder (NLD) or Asperger Syndrome (AS) are underemployed. This book sets out to change this. With practical and technical advice on everything from job hunting to interview techniques, from 'fitting in' in the workplace to whether or not to disclose a diagnosis, this book guides people with NLD or AS successfully through the employment mine field. There is also information for employers, agencies and careers counsellors on AS and NLD as 'invisible' disabilities, including an analysis of the typical strengths of somebody with NLD or AS, and how to use these positively in the workplace. Practical information and lists of career resources are supported by numerous case studies to inspire and advise. An essential resource for people with NLD or AS seeking or in employment and their existing or potential employers.

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### **Editorial Review**

#### **Review**

'Employment for Individuals with Asperger Syndrome or Non-Verbal Learning Disability is the best book I have read on AS/NLD and career issues. I also highly recommend it for the parents and other family members of people with AS/NLD, educators, vocational rehabilitation personnel, mental health professionals, employers, and even the general public. It is essential that more people learn about AS and NLD, and on how both disorders affect employment. Hopefully in the future, the prognosis for those with Asperger's Syndrome and Nonverbal Learning Disorder in the workplace will be more positive. This book is the first step on that journey.' ---Asperger's Association of New England Newsletter

#### **Review**

This book is very suitable for people with Asperger syndrome who are conducting their job search independently or semi-independently, and who are interested in finding a career, not just a job. The author herself has a Non-Verbal Learning disorder and a large part of the book is devoted to contributions from other people with Non-Verbal learning disorder of Asperger syndrome, describing their experiences of employment. The later chapters look in depth at the issues, and provide lots of information and advice on the application procedure and dealing with your employers. Interestingly, the author recommends non-disclosure to employers, and instead suggests being honest about yourself and how you are without giving people labels. This is definitely a book for people who want to be taken seriously. (Asperger Information.net)

Employment for Individuals with Asperger Syndrome or Non-Verbal Learning Disability is the best book I have read on AS/NLD and career issues. I also highly recommend it for the parents and other family members of people with AS/NLD, educators, vocational rehabilitation personnel, mental health professionals, employers, and even the general public. It is essential that more people learn about AS and NLD, and on how both disorders affect employment. Hopefully in the future, the prognosis for those with Asperger's Syndrome and Nonverbal Learning Disorder in the workplace will be more positive. This book is the first step on that journey. (Asperger's Association of New England Newsletter)

#### **About the Author**

Yvona Fast lives in Lake Clear, New York. She has NLD and has worked as a librarian and missionary and is now a freelance writer. Her invited contributors are experts in their field.

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