



# Principles and Foundations of Health Promotion and Education (6th Edition)

By Randall R. Cottrell, James T. Girvan, James F. McKenzie

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### Editorial Review

#### About the Author

**Randall R. Cottrell** is professor and program coordinator in the Public Health Studies program at the University of North Carolina Wilmington. He is also an Emeritus Professor at the University of Cincinnati. Dr. Cottrell has served as President of the American Association for Health Education and served on the Board of the Society for Public Health Education. He is currently on the Board of the Foundation for the Advancement of Health Education. In 2011, Dr. Cottrell was named a Fulbright Scholar and spent six months teaching and conducting research at Zhejiang University in China. He has authored several books, many with co-author James McKenzie.

**James T. Girvan** is an emeritus professor and former dean in the College of Health Sciences at Boise State University.

**James F. McKenzie** is a Professor at Penn State — Hershey and a Professor Emeritus at Ball State University, and is a Master Certified Health Education Specialist (MCHES). He is also Fellow of the American Association for Health Education and a Distinguished Fellow of the Society for Public Health Education.

**Denise Seabert, PhD**, has been preparing health teachers and providing in-service trainings for teachers and other school personnel for nearly 20 years. Currently she is chairperson/professor and the coordinator of the school health program in the Department of Physiology & Health Science at Ball State University in Muncie, IN. Dr. Seabert is a member of the CDC's Training Tools for Healthy Schools: Promoting Health and Academic Success national training cadre and has served the profession as a member of NCHEC's Division Board for Certified Health Education Specialists, past Associate Editor — Teaching Techniques for the Journal of School Health, and the American School Health Association Board of Directors. She received her BAEd in School Health Education from Western Washington University, MS in School and College Health from Indiana University, and PhD in Health Behavior with a minor in Curriculum from the University of Florida. She is a new contributor for this edition.

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