



NOFX: The Hepatitis Bathtub and Other Stories

By NOFX, Jeff Alulis

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NOFX: The Hepatitis Bathtub and Other Stories is the first tell-all autobiography from one of the world's most influential and controversial punk bands. Fans and non-fans alike will be shocked by the stories of murder, suicide, addiction, counterfeiting, riots, bondage, terminal illness, the Yakuza, and drinking pee. Told from the perspective of each of the band's members, this book looks back at more than thirty years of comedy, tragedy, and completely inexplicable success.

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Editorial Review

Review

“Better than Rancid's book.”—**Brian Baker**, Minor Threat/Bad Religion

“What can I say? There are not enough real punk bands left in this world we live in. If you need a little history lesson on how all this shit started, and what the true meaning of being punk rock is, I suggest you read this book now! Insanely funny, disturbingly honest, and delivered straight from the heart, this book just makes me like NOFX even more than I already do!! Read it now fuckers!!”—**Fletcher**, Pennywise

The Interrobang, 5/29/16

“Honest and sincere tales of life as members of one of the longest running and most influential Punk bands.”

Classic Rock, May 2016

“Compiled in the style of Motley Crue's *The Dirt*, this readable and engaging account of a band who live life almost as fast as the music they play is predictably rip-roaring...For being a book that spares nothing, this one is hard to beat.”

AM New York, 3/27/16

“[A] raw, tell-all autobiography.”

Ultimate Guitar, 3/21/16

“Aside from being very entertaining, it is also a very informative book about a band who, for the vast majority of their career, refused to do interviews and refused to sign to a major label, even when bands like Green Day and Blink-182 were cashing in.”

Alternative Press Magazine, 4/7/16

“NOFX have been through a lot during their long history as a band. Like, really: a lot. Their new book, *The Hepatitis Bathtub And Other Stories*, details it all and does so in true, painfully honest NOFX fashion...The band held nothing back.”

Media Mikes, 4/12/16

“An in-depth look at the seedier underbelly of rock n' roll bastard step son know as Punk Rock...Definitely not for the faint of heart. The book and its writers pull no punches as they are both candid and real as they can be...Even if you have never heard of the band NOFX or its members do yourself a favor and grab a copy of this book!”

San Diego CityBeat, 4/11/16

“Disturbingly funny...LOL-worthy tales of a veteran band's life on the road.”

Phoenix New Times, 4/14/16

“A book illustrating the ups and downs of a punk band climbing their way to success all on their own.”

Communities Digital News, 4/8/16

“While many might expect a NOFX book to be filled with humor and non-stop hilarity, that couldn't be further from reality...The band opens up to tell some of their darkest stories about their lives...Sure, there is

some humor, but overall, the book is loaded with sadness. It is amazing that from the ashes of all of their lives a band like NOFX could not only rise, but continue to thrive.”

Associated Press, 4/27/16

“Punk rock mainstays NOFX have been defying music industry trends for three decades. Now its members can add a new achievement to their unlikely success story: Best-selling authors.”

Exclaim!, 4/25/16

“A compelling, often harrowing read.”

NeuFutur, 4/6/16

“Surprisingly sincere...Much like the band's music, which buries moments of deep political and emotional topics inside of goofy, often sophomoric humor, the book's emotive moments are buttressed by wild stories about partying on the road...Even if you've never been a big fan of NOFX, the book is a refreshing honest look at a struggling independent band dead set on compromising nothing and still managing to be successful.”

Bad Feeling Magazine, 5/15/16

“With often unflinching honesty, NOFX have recounted a harrowing story that showcases the real life pain behind the band's often-obnoxious façade. It makes for a compelling read, and provides a unique fly-on-the-wall look at one of punk rock's most unlikely success stories.”

Racer X Illustrated, July 2016

“This is the story of a band going through some big struggles and eventually hitting it big...and it's an easy read.”

Music Connection, June 2016

“These stories will shock fans and non-fans alike.”

Austin Chronicle, 6/17/16

“Punk lit's equivalent to Mötley Crüe's debauched autobiography *The Dirt*.”

San Diego City Beat, 7/6/16

“Sometimes the book is violent, sometimes it's absolutely horrifying, but it holds nothing back. It's fascinating to follow the individual members as they deal with drug abuse and the deaths of parents, to getting clean and becoming parents. While there are plenty of shocking stories, the biggest surprise may be how sincere they are. In the beginning, you'll be glad these people weren't your friends, but by the end you'll wish they were...A book that's impossible to put down—even if you will occasionally want to hold it at arm's length.”

Scanner Zine, 7/11/16

“Excellent...An original and satisfying read...Those looking for scandal, yes you will read it. Those looking for insight, you'll read that too. Those looking for a classic Punk Rock memoir, you will definitely read it...Hard to put down...It's a genuine rags-to-riches Punk Rock story.”

Praise for NOFX: *The Hepatitis Bathtub and Other Stories*

A New York Times Bestseller!

“I can say with certainty I've never read a rock biography with such balanced elements of sensation and sincerity. Like the few great band bios, the array of experiences described in *The Hepatitis Bathtub* are enough to set anyone into contemplation about strength and perseverance, love and depravity, camaraderie, and a place for misfit rock and rollers in a society that to this day clings to rigid standards. A must-read for punks new and old and an eye-opening read for all new-comers.”—**John Cameron Mitchell**, *Hedwig and the Angry Inch*

“NOFX and Fat Mike are amongst the most powerful influences of my genre. This book is a ‘must own’ for anyone who still cherishes what is left of Punk and Rock ‘n’ Roll.”—**Joan Jett**

“Not for the faint of heart, and therefore HIGHLY recommended to EVERYBODY.”—**Amanda Palmer**

“Fucking gnarly. And great!”—**Billie Joe Armstrong**, *Green Day*

“Fat Mike is a rarity in music, an unadulterated authentic. In a profession filled with phonies and withholders, Mike shines as someone who always lets his freak flag fly. I like that a lot.”—**Jane Wiedlin**, *The Go-Go's*

Tampa Bay Times, 4/17/16

“A harrowing memoir...*The Hepatitis Bathtub* is peopled with lunatics, sociopaths, addicts and loved ones who couldn't escape the punk abyss, with the band struggling to survive dark turns ranging from drug abuse to counterfeiting to disastrous investments to friends' deaths to, um, matricide (allegedly).”

Live Nation TV, 4/19/16

“The *Bathtub*'s tales are not for the faint of heart.”

San Diego Union-Tribune, 4/13/16

“[A] no-B.S. book.”

Exclaim.ca, 4/18/16

“Tells the band's rise from shitty L.A. upstarts to the kings of pop-punk...It's also teeming with the kinds of sordid tales of drunken hooliganism and abject squalor that would put Mötley Crüe to shame.”

Punk Rock Theory, 4/18/16

“*The Hepatitis Bathtub and Other Stories* doesn't disappoint. Some of these stories will make you laugh out loud, others will make you cringe and there may have even been a couple of tears at some point...It dives headfirst into the history of the band. And yes, it gets as crazy as you'd expect it to...*The Hepatitis Bathtub* is not just for the fans though. It's a story about perseverance. About chasing your dreams. About having the odds stacked against you, but succeeding nonetheless. About underdogs that end up at the top.”

Chapter 16, 4/20/16

“A tell-all memoir...The overarching themes of the book are universal and inspiring, but on a concrete level this memoir is pretty raw...Absolute candor is actually what unifies the book and makes it impossible to put down...From their humble beginnings in one of the country's toughest punk scenes to superstardom, NOFX never fails to entertain.”

Nashville Scene, 4/21/16

“[A] revealing new memoir...Staggering and, in some cases, heartbreaking...But Hepatitis Bathtub makes it impossible to look the other way...The format reads like a sweeping, intriguing conversation, but the book also has a cinematic quality, as each person recalls the same moments in time from his own perspective.”

Nashville Tennessean, 4/20/16

“Offers a no-holds-barred look at the band, as the four members—‘Fat Mike’ Burkett, Aaron ‘El Jefe’ Abeyta, Eric Melvin and Erik ‘Smelly’ Sandin—share memories from their 30-plus years together.”

Kerrang!, 4/25/16

“Every bit as hilarious, disgusting and boundary-hyphen free as you’d expect from a band who’ve spent three decades in the punk trenches filling themselves with drugs and booze.”

The A.V. Club, 4/11/16

“Does a great job of putting some of the biggest moments for NOFX into the larger context of punk and the rise of bands like Green Day and Bad Religion... *NOFX: The Hepatitis Bathtub and Other Stories* ultimately is a tale of a band’s sheer will to exist and its unlikely success.”

New Noise, 4/12/16

“For most of their career, NOFX have been mislabeled and widely known as the funny punk band that shouldn’t be taken too seriously. There’s no doubt that, after reading their work of non-fiction, fans will see them in a different light.”

New Noise, 4/12/16

“The candid demeanor of their stories mirrors the ethics the band have held all along—not always pleasant, but a direct reflection of their early DIY roots...*Hepatitis Bathtub* covers it all. Whether a casual listener, hardcore fan, or a ‘couldn’t give a fuck about NOFX’ character, this book is an evolutionary tale of grimy, realistic fun worth learning to read for.”

For the Love of Punk, 4/12/16

“*NOFX: The Hepatitis Bathtub and Other Stories* may be the most filthy literature you’ll ever read...A must read for any fan of punk rock, even if you hate NOFX.”

Ground Control Magazine, 4/12/16

“A definitive history of NOFX. No attempt is made to cover or smooth out any rough or hard memories, *everything* feels as though it has been included in the name of telling the whole story...The character of each band member is meticulously presented and articulated and, after one has made it through the whole book, readers are left feeling as though they truly know them...In a world where many rock bios seek to do little more than collect myths, *NOFX: The Hepatitis Bathtub and Other Stories* bravely stands and tells the great, unbelievable truth.”

OC Weekly, 4/13/16

“The first opportunity for fans to hear NOFX’s stories from their own perspective...A welcome look into the history of a band that once went as far as shutting out all press opportunities and interviews...Shines a whole new light on a band that’s been around for longer than many other punk rockers have even been alive. While some stories are what their diehard fans will expect them to be, much of the book will shock even those who have followed the band for 30 years.”

"This book is a page-turner for any reality reader. And if you're a NOFX fan? Well damn, you gotta check it out!...Funny, sad, and outrageous."

?New Noise Magazine, "Top 16 Punk(ish) Chunks of 2016"

About the Author

NOFX formed in 1983 and has since released over a dozen albums, sold more than eight million records, toured 42 countries on six continents, founded one of the most successful indie labels in the world, and starred in their own reality TV show. They are based in California.

Jeff Alulis is a writer, filmmaker, and musician living and working in Los Angeles.

Users Review

From reader reviews:

Archie Beard:

What do you concerning book? It is not important along? Or just adding material when you want something to explain what you problem? How about your extra time? Or are you busy person? If you don't have spare time to perform others business, it is gives you the sense of being bored faster. And you have extra time? What did you do? All people has many questions above. They should answer that question because just their can do this. It said that about book. Book is familiar on every person. Yes, it is proper. Because start from on guardería until university need that NOFX: The Hepatitis Bathtub and Other Stories to read.

Jonathan Ownby:

Spent a free time to be fun activity to accomplish! A lot of people spent their sparetime with their family, or their particular friends. Usually they accomplishing activity like watching television, gonna beach, or picnic from the park. They actually doing same task every week. Do you feel it? Will you something different to fill your personal free time/ holiday? Might be reading a book is usually option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the book untitled NOFX: The Hepatitis Bathtub and Other Stories can be very good book to read. May be it might be best activity to you.

Maureen Smiley:

A lot of people always spent their very own free time to vacation or perhaps go to the outside with them family or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, or even playing video games all day long. If you wish to try to find a new activity that's look different you can read a new book. It is really fun for you. If you enjoy the book you read you can spent all day every day to reading a book. The book NOFX: The Hepatitis Bathtub and Other Stories it is extremely good to read. There are a lot of those who recommended this book. They were enjoying reading this book. If you did not have enough space bringing this book you can buy often the e-book. You can m0ore easily to read this book through your smart phone. The price is not too expensive but this book provides high quality.

Jessica Palmer:

Your reading sixth sense will not betray an individual, why because this NOFX: The Hepatitis Bathtub and Other Stories book written by well-known writer who knows well how to make book that can be understand by anyone who have read the book. Written throughout good manner for you, leaking every ideas and publishing skill only for eliminate your own personal hunger then you still skepticism NOFX: The Hepatitis Bathtub and Other Stories as good book not only by the cover but also through the content. This is one guide that can break don't assess book by its deal with, so do you still needing an additional sixth sense to pick this!? Oh come on your studying sixth sense already said so why you have to listening to yet another sixth sense.

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