



Windsurfing

By Peter Hart

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Windsurfing By Peter Hart

Arguably one of the most diverse, exciting, and accessible of water sports, windsurfing attracts an estimated 20 million participants worldwide. This instructional volume is packed full of information. Illustrated with photographs by John Carter, one of the world's most respected water sports' photographers, it will inspire both the beginner and the expert. It gives a full explanation of windsurfing equipment, including the different designs; a detailed description of "the basics" as well as intermediate and advanced techniques; the joys and dangers of sailing on open sea; and planing techniques, sailing smaller boards, gibing, and wave sailing.

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Editorial Review

About the Author

Peter Hart has over twenty five years' experience in every aspect of windsurfing and is arguably one of the best-known windsurfers in the UK. Peter belongs to the elite club who have sailed faster than 40 knots. He is, perhaps, most famous as a coach, writer, television commentator and programme maker.

Users Review

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Joan Rogers:

The knowledge that you get from Windsurfing will be the more deep you searching the information that hide inside words the more you get enthusiastic about reading it. It does not mean that this book is hard to be aware of but Windsurfing giving you excitement feeling of reading. The writer conveys their point in specific way that can be understood simply by anyone who read it because the author of this reserve is well-known enough. That book also makes your vocabulary increase well. Therefore it is easy to understand then can go with you, both in printed or e-book style are available. We advise you for having this Windsurfing instantly.

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