



Windsurfing

By Peter Hart

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Windsurfing By Peter Hart

Arguably one of the most diverse, exciting, and accessible of water sports, windsurfing attracts an estimated 20 million participants worldwide. This instructional volume is packed full of information. Illustrated with photographs by John Carter, one of the world's most respected water sports' photographers, it will inspire both the beginner and the expert. It gives a full explanation of windsurfing equipment, including the different designs; a detailed description of "the basics" as well as intermediate and advanced techniques; the joys and dangers of sailing on open sea; and planing techniques, sailing smaller boards, gibing, and wave sailing.

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Editorial Review

About the Author

Peter Hart has over twenty five years' experience in every aspect of windsurfing and is arguably one of the best-known windsurfers in the UK. Peter belongs to the elite club who have sailed faster than 40 knots. He is, perhaps, most famous as a coach, writer, television commentator and programme maker.

Users Review

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