



Your Adolescent: Emotional, Behavioral, and Cognitive Development from Early Adolescence Through the Teen Years

By David, M.D. Pruitt, AACAP

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Parents, teachers, and mental health workers will find the answers to these- and many other-questions in this forthright yet compassionate guide to helping your adolescent through the tumultuous teen years. From peer pressure and self-esteem to experimentation with sex, alcohol, and drugs, this invaluable resource covers a wide range of practical issues. Here as well is information on more serious obstacles to a teen's development that may require professional intervention, such as depression, eating disorders, substance abuse, and disruptive behavioral disorders. As surely as every child will become a teen, every person that must relate to a teen will find this book a reliable, indispensable guide to the ups and downs of adolescence.

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Editorial Review

Review

"This book will certainly help you to get in touch with your adolescent. It is a wonderful resource for parents, caregivers and everyone involved in the life of a teen."-- Bill Cosby" This book provides much-needed help for all parents, grandparents, and caregivers navigating the difficult issues that arise during adolescence."-- Dr. Ruth Westheimer" We are all indebted to the American Academy of Child and Adolescent Psychiatry for publishing these books. Your Child and Your Adolescent are extremely valuable tools for those on the front line of child care--parents, grandparents, and caregivers."-- Horace Deets, Executive Director, AARP" This follow-up to "Your Child: What Every Parent Needs to Know" could have been titled "Everything You've Ever Wanted to Know About Teens, " for its large team of editors and contributors have left out no relevant information. Addressed to parents in a forthright yet compassionate tone, the book is divided into four parts-- The Life of an Adolescent; Day-to-Day Problem Behaviors; Serious Problems and Abnormalities; Seeking Help-- and includes excellent appendices on psychiatric medications and medical, psychological, educational and developmental tests. Whether it's a section on "The Teenage Identity" or a sidebar on "Talking About Sex with Your Teen, " readers are presented with well-researched facts and solid advice backed by professional experience. Above all, the authors stress keeping the lines of communication open, being patient and showing respect for your teen. The fourth part offers a list of symptoms that indicate a need for professional treatment, such as excessive fears and inability to make friends, plus an in-depth discussion of where to get the proper help. This is an invaluable reference for anyone who has close contact with adolescents."-- "Publishers Weekly"

About the Author

David Pruitt, M.D., editor-in-chief, is past president of the American Academy of Child and Adolescent Psychiatry. The American Academy of Child and Adolescent Psychiatry, with over 6,600 members, is the leading national association of physicians dedicated to the healthy mental development of children and adolescents.

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Precisely why? Because this Your Adolescent: Emotional, Behavioral, and Cognitive Development from Early Adolescence Through the Teen Years is an ordinary book that the inside of the book waiting for you to snap the idea but latter it will shock you with the secret the item inside. Reading this book beside it was

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