



Social Work with Groups: A Comprehensive Workbook

By Charles Zastrow

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Using a plentiful selection of skill-building and self-evaluation exercises, author Charles Zastrow's comprehensive, workbook-style text promotes his philosophy that you can learn group leadership skills best by practicing them in class. In this seventh edition of **SOCIAL WORK WITH GROUPS: A COMPREHENSIVE WORKBOOK**, Zastrow discusses topics central to a successful understanding of group leadership: stages of groups, group dynamics, verbal and nonverbal communication, types of groups, and diversity in groups. When you participate in groups, the classroom becomes a "lab" where you can experience what it's like to work in and lead the many kinds of groups the author discusses.

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Editorial Review

Review

"I think making the book a workbook is a definite improvement. It breaks the material down into digestible chunks, and offers many points to stop lecturing and have class discussion and opportunities to try out the concepts they are learning. Most of the topics that I thought were irrelevant have been cut out."

"I think the book is a comprehensive and clear look at how social work professionals interact with groups. Zastrow provides a clear explanation of the many types of groups that social workers may encounter or choose to work with. I find the text to be appropriate for undergraduate and graduate social workers."

"The Zastrow text is actually read by students and they like to use the text for the exercises. It is easily adapted to classroom work. It is a good preparation/foundation for their masters' work."

About the Author

Charles Zastrow, MSW, Ph.D., is Professor Emeritus in Social Work at the University of Wisconsin-Whitewater, where he chaired the Social Work Department for six years. He has also been the Assistant Director and Professor in the Social Work Program at George Williams College in Williams Bay, Wisconsin, where he currently teaches. A Licensed Clinical Social Worker in the state of Wisconsin, Dr. Zastrow has worked as a practitioner for various agencies, chaired social work accreditation site visit teams for the Council on Social Work Education (CSWE), and served on the Commission on Accreditation of CSWE. He also is a member of the BPD board. A leader in social work education and a bestselling author, Dr. Zastrow has written more than 45 articles in professional journals as well as nine books, including four textbooks: **THE PRACTICE OF SOCIAL WORK**, **SOCIAL WORK WITH GROUPS**, **SOCIAL PROBLEMS: ISSUES AND SOLUTIONS**, and **UNDERSTANDING HUMAN BEHAVIOR AND THE SOCIAL ENVIRONMENT** (with Dr. Karen Kirst-Ashman).

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