



A Student's Guide to Studying Psychology

By Thomas M. Heffernan

Download now

Read Online ➔

A Student's Guide to Studying Psychology By Thomas M. Heffernan

Now in its third edition, this very popular guide to studying psychology remains an invaluable tool for students at both undergraduate and pre-degree level, along with those deciding whether to take psychology as an academic subject.

Providing insights into the most critical aspects of studying psychology, *A Student's Guide to Studying Psychology* is distinguished from other texts by its easy to follow format and practical nature. Topics covered include:

- Perspectives within psychology
- Making the most of seminars, tutorials and lectures
- How to write essays and empirical reports
- Guidelines on exam preparation and technique
- Information on careers in psychology and tips for applying for jobs, including how to write your own curriculum vitae.

For this fully updated third edition, new advice is included on web-based research and referencing. Subject coverage is expanded to include contemporary research trends in cognitive neuroscience, evolutionary psychology and positive psychology. In addition, new material investigates postgraduate specialisms including neuropsychology, psychotherapy and sport psychology.

 [Download A Student's Guide to Studying Psychology ...pdf](#)

 [Read Online A Student's Guide to Studying Psychology ...pdf](#)

A Student's Guide to Studying Psychology

By Thomas M. Heffernan

A Student's Guide to Studying Psychology By Thomas M. Heffernan

Now in its third edition, this very popular guide to studying psychology remains an invaluable tool for students at both undergraduate and pre-degree level, along with those deciding whether to take psychology as an academic subject.

Providing insights into the most critical aspects of studying psychology, *A Student's Guide to Studying Psychology* is distinguished from other texts by its easy to follow format and practical nature. Topics covered include:

- Perspectives within psychology
- Making the most of seminars, tutorials and lectures
- How to write essays and empirical reports
- Guidelines on exam preparation and technique
- Information on careers in psychology and tips for applying for jobs, including how to write your own curriculum vitae.

For this fully updated third edition, new advice is included on web-based research and referencing. Subject coverage is expanded to include contemporary research trends in cognitive neuroscience, evolutionary psychology and positive psychology. In addition, new material investigates postgraduate specialisms including neuropsychology, psychotherapy and sport psychology.

A Student's Guide to Studying Psychology By Thomas M. Heffernan Bibliography

- Sales Rank: #2307617 in Books
- Brand: Brand: Psychology Press
- Published on: 2005-02-25
- Original language: English
- Number of items: 1
- Dimensions: 8.48" h x .47" w x 6.82" l, .81 pounds
- Binding: Paperback
- 242 pages

 [Download A Student's Guide to Studying Psychology ...pdf](#)

 [Read Online A Student's Guide to Studying Psychology ...pdf](#)

Editorial Review

Review

"We are faced with the usual hysteria surrounding the apparent decline of traditional subjects like maths and physics, and the concomitant rise of supposedly 'soft' subjects such as psychology. But Heffernan's guide effectively dispels this unflattering distinction; introducing the prospective psychology undergraduate to the multidimensionality and robust scientific credentials of the contemporary discipline. And for those navigating the early stages of their degree course, the book includes thorough and focused sections on empirical report writing, research methodology and examination preparation. Refreshingly, Heffernan emphasises the importance of 'critical analysis' and 'understanding' - values that must be internalised by those who aspire to enter the applied fields that are cogently outlined in the final chapter." - **Andy Medley, University Hospital Birmingham, UK, in *The Psychologist*, January 2006**

About the Author

Thomas M. Heffernan is Senior Lecturer at the University of Northumbria. He has taught psychology for over 12 years, as well as carrying out research in the discipline.

Users Review

From reader reviews:

Ricky Burnham:

Book is written, printed, or created for everything. You can understand everything you want by a e-book. Book has a different type. As it is known to us that book is important point to bring us around the world. Beside that you can your reading expertise was fluently. A book A Student's Guide to Studying Psychology will make you to end up being smarter. You can feel considerably more confidence if you can know about every little thing. But some of you think in which open or reading the book make you bored. It isn't make you fun. Why they might be thought like that? Have you in search of best book or suitable book with you?

Forest Nelson:

Reading a guide can be one of a lot of activity that everyone in the world loves. Do you like reading book therefore. There are a lot of reasons why people enjoy it. First reading a reserve will give you a lot of new facts. When you read a book you will get new information since book is one of several ways to share the information or perhaps their idea. Second, looking at a book will make a person more imaginative. When you examining a book especially fiction book the author will bring that you imagine the story how the personas do it anything. Third, you can share your knowledge to other people. When you read this A Student's Guide to Studying Psychology, you can tells your family, friends along with soon about yours guide. Your knowledge can inspire others, make them reading a publication.

Alison Caulfield:

Is it a person who having spare time and then spend it whole day by means of watching television programs

or just resting on the bed? Do you need something new? This A Student's Guide to Studying Psychology can be the respond to, oh how comes? A book you know. You are consequently out of date, spending your spare time by reading in this new era is common not a geek activity. So what these books have than the others?

Eric Hodges:

Some people said that they feel bored stiff when they reading a guide. They are directly felt it when they get a half portions of the book. You can choose the particular book A Student's Guide to Studying Psychology to make your personal reading is interesting. Your own skill of reading talent is developing when you such as reading. Try to choose very simple book to make you enjoy you just read it and mingle the idea about book and examining especially. It is to be very first opinion for you to like to start a book and go through it. Beside that the guide A Student's Guide to Studying Psychology can to be your brand-new friend when you're feel alone and confuse using what must you're doing of their time.

Download and Read Online A Student's Guide to Studying Psychology By Thomas M. Heffernan #ZPX00QMSLAR

Read A Student's Guide to Studying Psychology By Thomas M. Heffernan for online ebook

A Student's Guide to Studying Psychology By Thomas M. Heffernan Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read A Student's Guide to Studying Psychology By Thomas M. Heffernan books to read online.

Online A Student's Guide to Studying Psychology By Thomas M. Heffernan ebook PDF download

A Student's Guide to Studying Psychology By Thomas M. Heffernan Doc

A Student's Guide to Studying Psychology By Thomas M. Heffernan Mobipocket

A Student's Guide to Studying Psychology By Thomas M. Heffernan EPub

ZPX00QMSLAR: A Student's Guide to Studying Psychology By Thomas M. Heffernan