



Are You the One for Me?: Knowing Who's Right and Avoiding Who's Wrong

By Barbara De Angelis

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Are You the One for Me?: Knowing Who's Right and Avoiding Who's Wrong By Barbara De Angelis

Finally--the book you've been waiting for to help you find and keep the right partner and make love last. Best-selling author and renowned relationship expert Barbara De Angelis reveals everything you need to know about compatibility and shows you how to create the fulfilling relationship you deserve whether you are-

Married, and wondering if you could be happier.

Single, and wondering how to avoid another wrong partner.

In love, and wondering whether your partner is the right one for you.

with powerful advice and groundbreaking techniques that have helped thousands of people transform their lives, Dr. De Angelis will show you the formula for creating love that lasts, and help you to understand yourself and the one you love as you never have before. Discover:

How to avoid making the biggest mistakes in love.

The six essential qualities to look for in a mate.

How to spot fatal flaws in a partner.

How to create the sexual chemistry you want.

The compatibility formula to make your relationship work.

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Bibliography

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Editorial Review

From Kirkus Reviews

The bestselling author of *Secrets of Men Every Woman Should Know* (1990) and *How to Make Love All the Time* (1987) now dissects bad love choices. Quizzes, lists, and anecdotes render De Angelis's sensible material in easy-to-swallow morsels. Early on, readers are asked to make lists of past lovers' worst qualities and then to write a want ad for a partner, highlighting the common themes ("WANTED: Self-absorbed, damaged loser who has lots of potential and is doing nothing with it...."); and possible roots for these perverse attractions in the childhood family experience are then explored. Readers count off "the seven wrong reasons to be in a relationship" (from "sexual hunger" to "emotional or spiritual emptiness"); "nine fatal flaws to watch out for in a partner" (addiction, control-freak tendencies, sexual dysfunction); seven compatibility time-bombs, etc. Although the majority of the text deals with negatives, going on the theory that recognizing self-destructive habits is the major step toward overcoming them, De Angelis comments briefly on the attitudes and flexibility necessary for change. Those unsure of whether to commit may value the elaborate self-test offered here, leading to a numerical assessment of compatibility. Given a tolerance for lists and comfort with an approach that precludes subtlety, readers with histories of unhappy relationships may gain insight from this solid, well-organized advice. -- *Copyright ©1992, Kirkus Associates, LP. All rights reserved.*

Review

"Solid, well-organized advice." —*Kirkus*

From the Publisher

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Users Review

From reader reviews:

Nathaniel Gonzalez:

The publication with title *Are You the One for Me?: Knowing Who's Right and Avoiding Who's Wrong* possesses a lot of information that you can learn it. You can get a lot of benefit after read this book. This kind of book exist new knowledge the information that exist in this publication represented the condition of the world right now. That is important to you to learn how the improvement of the world. That book will bring you inside new era of the globalization. You can read the e-book on your own smart phone, so you can read the item anywhere you want.

Melissa Parra:

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