



# Playing Outside: Activities, ideas and inspiration for the early years

By Helen Bilton

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Making outdoor teaching and learning work in practice is now a key priority for all early years practitioners.

*Playing Outside* provides clear and detailed guidance on all aspects of outdoor play illustrated with over 100 colour photographs. This bestselling book has been fully updated throughout to incorporate the Early Years Foundation Stage and includes completely new photographs, case studies and ideas for resources.

To help promote physical activity, healthy and well educated children this book provides:

- practical activities that cover all aspects of learning;
- photographs illustrating good practice and imaginative use of equipment;
- examples of work from a range of settings;
- help and advice on suppliers of equipment.

Written for all practitioners working in schools, nurseries and pre-school settings, this book is essential reading for those who wish to provide inspiring outdoor play opportunities for the children in their care.

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## **Editorial Review**

### **Review**

**'For practical activities and inspiration for your outdoor area covering all aspects of learning, get this book - it is just brilliant. The first edition was popular, and this fully revised and updated second edition has everything a practitioner could need to take learning into outdoor environments, whether you are an experienced outdoor convert, a young practitioner starting out on a career, or a student looking forward to their first placement.'** - *Martine Horvath, Early Years Educator Magazine*

### **About the Author**

**Helen Bilton** is Associate Professor in Education at the University of Reading.

## **Users Review**

### **From reader reviews:**

#### **Gordon Frederick:**

Why don't make it to be your habit? Right now, try to prepare your time to do the important action, like looking for your favorite book and reading a reserve. Beside you can solve your condition; you can add your knowledge by the book entitled Playing Outside: Activities, ideas and inspiration for the early years. Try to make the book Playing Outside: Activities, ideas and inspiration for the early years as your buddy. It means that it can to become your friend when you sense alone and beside associated with course make you smarter than previously. Yeah, it is very fortuned to suit your needs. The book makes you far more confidence because you can know anything by the book. So , let us make new experience and also knowledge with this book.

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**Roy Jordan:**

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