



Playing Outside: Activities, ideas and inspiration for the early years

By Helen Bilton

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Making outdoor teaching and learning work in practice is now a key priority for all early years practitioners.

Playing Outside provides clear and detailed guidance on all aspects of outdoor play illustrated with over 100 colour photographs. This bestselling book has been fully updated throughout to incorporate the Early Years Foundation Stage and includes completely new photographs, case studies and ideas for resources.

To help promote physical activity, healthy and well educated children this book provides:

- practical activities that cover all aspects of learning;
- photographs illustrating good practice and imaginative use of equipment;
- examples of work from a range of settings;
- help and advice on suppliers of equipment.

Written for all practitioners working in schools, nurseries and pre-school settings, this book is essential reading for those who wish to provide inspiring outdoor play opportunities for the children in their care.

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Editorial Review

Review

'For practical activities and inspiration for your outdoor area covering all aspects of learning, get this book - it is just brilliant. The first edition was popular, and this fully revised and updated second edition has everything a practitioner could need to take learning into outdoor environments, whether you are an experienced outdoor convert, a young practitioner starting out on a career, or a student looking forward to their first placement.' - *Martine Horvath, Early Years Educator Magazine*

About the Author

Helen Bilton is Associate Professor in Education at the University of Reading.

Users Review

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