



This is Madness: A Critical Look at Psychiatry and the Future of Mental Health Services

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A seminal book in the critical psychology movement in the UK, and still considered the text for critical studies in mental health. In an attempt to develop a more effective, respectful and humane mental health system, 23 contributors present a critical, strident, scholarly, personal, moving and ultimately hopeful critique of current psychiatric systems.

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This is Madness: A Critical Look at Psychiatry and the Future of Mental Health Services From PCCS Books Bibliography

- Sales Rank: #4169702 in Books
- Published on: 2014-04-29
- Original language: English
- Number of items: 1
- Dimensions: 9.10" h x .80" w x 6.20" l, 1.07 pounds
- Binding: Paperback
- 296 pages

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Editorial Review

Review

The editors of *This is Madness* have achieved a rare blend for a book comprising different and disparate authors ... Where the book really hits the target is in its highly successful attempt to merge user views with the opinions and views of mental health professionals ... I will be recommending it to my students in 1999. Steve Baldwin, *Changes*, Vol. 17, No. 3, Autumn 1999. *This is Madness* is clearly written and avoids jargon; it will be accessible to a wide variety of readers within and without the mental health system. It will be especially useful to persons involved in efforts to reform community mental health systems and to those developing psychosocial supports and services as an alternative to biomedical, coercive treatment and "care". *This is Madness* would also make an excellent reader for students at all levels in courses concerned with community mental health, combining critique of the psychiatric system on many levels with concrete exploration of the kinds of meaningful alternatives which can hope to be empowering and supportive of recovery in more than name. Michal Mc Cubbin PhD, Saskatchewan Population Health and Evaluation Research Unit, University of Regina, Canada, in *Ethical Human Sciences and Services*, Vol. 3, No. 1, 2001.

About the Author

Craig Newnes is editor of *The Journal of Critical Psychology, Counselling and Psychotherapy* (formerly *Changes*), and a commissioning editor and author for the PCCS Books Critical Psychology series. Prior to his retirement he was Director of Psychological Therapies for Shropshire. He has a life time commitment to the NHS and is an outspoken critic of the hypocrisy, self interest, confusion and downright lies which characterise so much of the practise of psychiatry and psychology. He believes that unhappiness is a form of heresy and most of the misery for which people seek help is only amenable to alleviation through changes in their material lives. Guy Holmes works in the NHS as a clinical psychologist in Shropshire. He has published over 40 academic articles in areas as diverse as: the medicalisation of distress; psychiatric medication; patients' councils; service users' experiences of and views on mental health services; sexual abuse of males; community psychology; and various aspects of groupwork. Cailzie Dunn is also a clinical psychologist working in Shropshire (UK). She co-ran an *Alternatives to Psychiatry* course in Shropshire in 1997. She is particularly interested in talking to people about experiences they have had which have been elsewhere diagnosed as psychotic symptoms, with the aim of trying to find an explanation which is more meaningful and helpful to the person. Cailzie Dunn is a clinical psychologist working for South Staffordshire and Shropshire Healthcare Foundation NHS Trust. She works with adults involved with the Community Mental Health Team in Shrewsbury. She co-ran *Alternatives to Psychiatry* courses in Shropshire and was a co-editor of *This is Madness: A critical look at psychiatry and the future of mental health services* (PCCS Books) and *This is Madness Too: Critical perspectives on mental health services* (PCCS Books). She is particularly interested in helping people with the effects of complex trauma.

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