



Loving him without losing you

By Carolyn N. Bushong

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Too often, women sacrifice their own happiness for the sake of their mate's. Now, Bushong offers a proven eight-step program that shows women how to keep their independence as they build rewarding personal relationships. Reveals how to redevelop a sense of identity, work through guilt, communicate anger, and more.

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Loving him without losing you By Carolyn N. Bushong **Bibliography**

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Editorial Review

Review

"A thoughtful and insightful look at addictive relationships, their causes and solutions." -- *Tracy Cabot, author of "How to Keep a Man in Love With You Forever."*

"Bushong writes....clearly, informally, and with a lively, entertaining style." -- *Colorado Psychological Association Bulletin*

"Bushong's book follows on the heels of other self-help books such as "The Cinderella Complex" and "Women Who Love Too Much"...But the earlier books just identified the problems..what Bushong has done is identify the problems again, but she goes on to offer solutions." -- *The Aspen Times*

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