



The Whole Pet Diet: Eight Weeks to Great Health for Dogs and Cats

By Andi Brown

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One in four pets is obese, and every year owners spend thousands of dollars treating allergies, joint problems, digestive disorders, and serious diseases that could improve dramatically with a nutritious diet. Yet despite promises of complete and balanced meals, most commercial pet foods contain chemical preservatives, indigestible fillers, and dangerous by-products.

If your pets are overweight, ailing, or aging, or you just want them to be as healthy as possible, THE WHOLE PET DIET offers a straightforward plan to achieve lifelong health and well-being. Featuring twenty-five easy recipes for homemade meals and treats, a guide to natural supplements, and practical tips for no-stress grooming and play, this holistic approach to pet care creates optimal health for dogs and cats, and it just might change the way you eat, too.

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Editorial Review

Review

"Andi Brown's well-researched, holistic approach to pet care is vital to maintaining optimal health, happiness, and longevity. If you believe, like Brown does, that pets are as integral to the family as they are to the ebb and flow of life, then this book will dramatically improve the health and vitality of all your four-legged family members." -- Dr. Marty Becker, veterinary contributor to ABC-TV's Good Morning America, pet columnist for Knight

From the Publisher

- An eight-week program to optimum health for dogs and cats featuring quick and easy recipes for home-cooked meals and treats, an introduction to natural supplements, and a practical guide to grooming and play.
- Includes more than 25 recipes and a guided weekly journal to track a pet's progress. • Each chapter features true pet stories from owners describing miraculous health and behavior transformations. • According to the National Academy of Science, one in four pets is obese.

About the Author

Andi Brown is the director of Halo, Purely for Pets, a Palm Harbor, Florida, company specializing in all-natural holistic pet care products.

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