



Unlimited Power: A Black Choice

By Anthony Robbins, Joseph McClendon III

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YES, YOU CAN BE, DO, HAVE AND ACHIEVE THE THINGS YOU WANT IN LIFE

Unlimited Power, the international bestseller by Anthony Robbins, has guided millions along the path to success. Now, in *Unlimited Power: A Black Choice*, Robbins and his longtime associate and friend Joseph McClendon III, an authority in the African-American community and Head Trainer for Robbins Research International, address the specific needs of African Americans in search of knowledge, courage, success, and a better quality of life.

Robbins and McClendon here provide the inspiration and tools to help African Americans overcome roadblocks and cultural conditioning that might keep them from enjoying the life of their dreams. Step by step, Robbins and McClendon show how to eliminate fears and phobias, fuel the body with renewed health and energy, dramatically improve relationships, and become a persuasive communicator. Readers learn:

- * The seven lies of success
- * How to duplicate the success of others
- * The five keys to wealth and happiness
- * How to determine one's values
- * How to resolve inner conflicts that are the source of self-destructive behaviour
- * What they *really* want and how to achieve it

With *Unlimited Power: A Black Choice*, Anthony Robbins and Joseph McClendon III have written a unique and dynamic book that will provide African Americans with a program for super success in all aspects of their lives.



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Unlimited Power: A Black Choice By Anthony Robbins, Joseph McClendon III Bibliography

- Sales Rank: #491791 in Books
- Published on: 1997-12-22
- Released on: 1997-12-22
- Original language: English
- Number of items: 1
- Dimensions: 8.44" h x 1.20" w x 5.50" l, .88 pounds
- Binding: Paperback
- 432 pages

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Editorial Review

From Publishers Weekly

Robbins's previous books (Giant Steps, etc.), along with his Personal Power audiotape series and seminars, have kept him at the forefront of the personal improvement industry for the past decade. Here, Robbins, who is white, adapts his book *Unlimited Power* (1984) for African Americans, who have mostly ignored his work. Although Robbins's name appears on this volume, the voice on nearly every page is that of his colleague, McClendon, head trainer of Robbins Research International, Inc., who is black and the owner of his own company, Succeleration Research Group. In a relentlessly positive and encouraging tone, he uses his own personal experiences and many examples of famous African Americans to explain Robbins's theories. Behavior modification exercises for achieving personal, career and financial success are included as well. The information here is universally appealing and applicable, but people of color accustomed to receiving information that is supposedly meant for everyone, and yet is presented only by whites using only whites as examples, will find this book a refreshing change. According to Robbins's own theory, however, readers will have to be "visual strategists" to make it through this lengthy volume; audiotapes and seminars-for those who are more "auditory" or "kinesthetic"-are sure to follow. 75,000 first printing.

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From Library Journal

What would a Robbins novel be without the ubiquitous sex, wealth, and power?

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From Booklist

Anthony Robbins is one of the biggest names in the self-empowerment movement, and his book *Unlimited Power* (1986) continues to be an international best-seller. In his introduction to this volume, Robbins admits that though he can empathize with African Americans, he has obviously never lived the black experience; thus, when it came to adapting his philosophy and motivational techniques for a black audience, he chose his friend and associate Joseph McClendon to help him. The book itself, while updated, is not much different from the original; the major change (along with McClendon's first-person narrations) is the inclusion of anecdotal material from the black community and the use of African American movers and shakers as examples of accomplishment. Through the lives of successful African Americans, the text filters the core of Robbins' teachings: reprogramming the mind for success, eliminating fears and phobias, and imbuing the body with health and energy. Certainly Robbins' success on the motivational circuit suggests that his teachings contain strong messages for *anyone* wanting--and willing--to recharge their lives. *Ilene Cooper*

Users Review

From reader reviews:

Corey Gardner:

As people who live in the modest era should be up-date about what going on or details even knowledge to make these individuals keep up with the era which is always change and make progress. Some of you maybe will certainly update themselves by reading through books. It is a good choice to suit your needs but the problems coming to you is you don't know what one you should start with. This *Unlimited Power: A Black Choice* is our recommendation so you keep up with the world. Why, since this book serves what you want

and want in this era.

Edris Sibert:

Reading a reserve tends to be new life style within this era globalization. With reading through you can get a lot of information that may give you benefit in your life. Along with book everyone in this world can share their idea. Ebooks can also inspire a lot of people. Many author can inspire all their reader with their story or even their experience. Not only situation that share in the guides. But also they write about the ability about something that you need illustration. How to get the good score toefl, or how to teach children, there are many kinds of book which exist now. The authors nowadays always try to improve their talent in writing, they also doing some analysis before they write for their book. One of them is this Unlimited Power: A Black Choice.

David Jones:

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Mae Mosley:

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