



Existential-Integrative Psychotherapy: Guideposts to the Core of Practice

From Routledge



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Existential-Integrative Psychotherapy promises to be a landmark in the fields of psychotherapeutic theory and practice. A comprehensive revision of its predecessor, *The Psychology of Existence*, co-edited by Kirk Schneider and Rollo May, *Existential-Integrative Psychotherapy* combines clear and updated guidelines for practice with vivid and timely case vignettes. These vignettes feature the very latest in both mainstream and existential therapeutic integrative application, by the top innovators in the field. The book highlights several notable dimensions: a novel and comprehensive theory of integrative existential practice; a premium on mainstream integrations of existential theory as well as existential-humanistic integrations of mainstream theory; a focus on integrative mainstream as well as existential-humanistic practitioners, students, and theorists; a discussion of short-term and cognitive-behavioral existential-integrative strategies; a focus on ethnic and diagnostic diversity, from case studies of multicultural populations to vignettes on gender, sexuality, and power, and from contributions to the treatment of alcoholism to those elucidating religiosity, psychoses, and intersubjectivity.

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Editorial Review

Review

"...This is a rich harvest, and there is a high standard throughout, as if the editor had been quite demanding of his contributors. This book is strongly recommended to anyone who wants to know how existential-integrative therapy has been developing over the past few years. It is also recommended to anyone who wants to see what a wide range of outcomes are possible in therapy- not just restricted to the one person in the room, but extending out into the family and community. It is really lovely to come across an open-hearted book like this...there is nothing dry about this book, and I found it quite inspiring." - **John Rowan, Ph.D.** in *Association for Humanistic Psychology Perspective*

"Existential-Integrative Psychotherapy is very well written, informative, and in my opinion, a masterpiece. It is useful for therapists, counselors, ministers, and end-of-life practitioners, not only for information it contains but also for joining these issues into larger platforms." - **Daryl Paulson, Ph.D.**, *Association for Humanistic Psychology Perspective* (Feb/March, 2008, p. 30)

"Existential-Integrative Psychotherapy: Guideposts to the Core of Practice is a needed update on existential approaches. It could be argued that an understanding of the principles of existential therapy is needed by all therapists, as it adds a perspective that might, as Schneider contends, form the basis of all effective treatments. The search for meaning is a human characteristic-and EI approaches take the search head on." - **Bruce E. Wampold** in *PsycCritiques* (February 6, 2008, Vol. 53, Release 6, Article 1)

"[M]any would benefit from this book: those currently practicing a particular approach and looking for ways to deepen and expand their practice; students, trainees, and interns who are exploring their clinical identity; instructors who are looking for a course text; those currently practicing existential psychotherapy and interested in its evolution; and anyone charting the course of the development in the field."

-Tamara T. Thebert, MFT Intern, CHT, in *The Therapist* (May/June 2008)

"This book is very well written, informative and, in my opinion, a masterpiece. It is useful for therapists, counselors, ministers, and end-of-life practitioners, not only for the information it contains, but also for joining these issues into larger platforms."

-Daryl Paulson, Ph.D., in *ahp Perspective* (February/March 2008)

"The large quantity of case vignettes in every chapter...bring these contributions to life in a quite sparkling way. This is a rich harvest and there is a high standard throughout. This book is strongly recommended to anyone who wants to know how existential-integrative therapy has been developing over the past few years. It is really lovely to come across an open-hearted book like this. There is nothing dry about this book, and I found it quite inspiring." -**John Rowan in *Existential Analysis*, March 2010**

About the Author

Kirk J. Schneider, Ph.D., is a licensed psychologist and leading spokesperson for contemporary humanistic psychology. He is an adjunct faculty member at Saybrook Graduate School, the California Institute of

Integral Studies, and the Institute for Transpersonal Psychology. He is also a Fellow of the American Psychological Association and the editor of Journal of Humanistic Psychology. He is a past president, current vice-president, and founding member of the Existential-Humanistic Institute of San Francisco.

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Viola Coghlan:

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