



## Fill These Hearts: God, Sex, and the Universal Longing

By Christopher West

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**Fill These Hearts: God, Sex, and the Universal Longing** By Christopher West

**The bestselling author, speaker, and teacher of John Paul II's Theology of the Body explores the yearning we all have for God and each other.**

*Fill These Hearts* is a book about *desire*. Not trivial wants or superficial cravings, but the most vital powers of body and soul, sexuality and spirituality, that haunt us and compel us on our search for *something*. Weaving life-altering lessons together from classical and contemporary art, pop music, movies, and the Christian mystical tradition, popular theologian Christopher West explores the ancient but largely forgotten idea that the restless, erotic yearnings we feel in both our bodies and our spirits reveal the cry of our hearts for God. Along the way, West blows the lid off the idea of Christianity as a repressive, anti-sex religion by demonstrating that Christ came to stretch and inflame our desire for love and union to the point of infinity.

*From the Hardcover edition.*

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### Editorial Review

#### Review

"Well done! Christopher West has done a masterful job of confronting the inherent dualism lurking in much of modern Western theology, exposing the deepest longings of the human soul as an authentic yearning for union with God."

—Wm. Paul Young, author of *The Shack* and *Cross Roads*

"*Fill These Hearts* is a cultural balm. Christopher West writes with great love, of great love, drawing readers into His Sacred Heart."

—Kathryn Jean Lopez, nationally syndicated columnist and editor-at-large, *National Review*

"Christopher West has a great gift for theological exploration. In this book he weaves lessons from classical and contemporary art, pop music, movies and the Christian mystical tradition to explore the ancient idea that the yearnings we feel in our bodies and spirits reveal the cry of our hearts for God."

—Nicky Gumbel, vicar and bestselling author of *Questions of Life*

"Drawing deeply from the well of the Theology of the Body, Christopher West explains that the Faith is not simply about following a code of conduct but about *Beauty*. The beauty of the human body, the beauty of our culture and the beauty of the whole cosmos are all a reflection of this same Beauty. This is the mystery that needs to be proclaimed joyfully for all to hear for it holds the key to joy in this life and the next, for each of us. Above all, West writes with this joy."

—David Clayton, Artist in Residence and Fellow at Thomas More College

"Christopher West is a gifted and effective evangelist with a passion for tackling one of the greatest obstacles to belief today: the heresy that Christianity is a joyless, rule-bound religion. Not so, argues West, in this timely, powerful book. Drawing upon Scripture, the saints and the glimmers of truth in pop culture, West reminds us that Christianity is essentially a love story, and Christian sexual ethics exist to help us fulfill, not repress, our deepest desires. For anyone who has ever doubted that Christ's call to purity of heart is good news, *Fill These Hearts* will prove a surprising and consoling read, one with the potential to change your life as well as your mind."

—Colleen Carroll Campbell, author of *My Sisters the Saints: A Spiritual Memoir*

"In *Fill These Hearts*, Christopher West explains the nature of desire, freedom, and love, including erotic love. He does so as a believing Catholic, yes. But if you come to this book with the typical prejudices aimed at what Catholics believe about these things, you are likely to be shaken to your very core. Be warned: this book is unlike any other you've ever read. It holds up the spirit of our age – as expressed in modern, presumed "secular" idioms like rock 'n' roll and popular movies – and places it under the searchlight of the most fundamental understandings of human nature. What emerges is a book that is as knowing about the modern world as it is about the teachings of Christ and the mystic-saints who have followed him throughout the ages. In fact, West brings these phenomena together in a way that has never been done before, and does so without a false note on either score."

—John Waters, columnist, *The Irish Times* and author of *Lapsed Agnostic*

## About the Author

CHRISTOPHER WEST is a research fellow and faculty member of the Theology of the Body Institute. He is also one of the most sought after speakers in the Church today, having delivered more than 1,000 public lectures on four continents, in more than a dozen countries, and in over 200 American cities. His books--Good News About Sex & Marriage; Theology of the Body Explained; and Theology of the Body for Beginners--have become Catholic bestsellers.

## Users Review

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#### **Velma Stuart:**

Book is actually written, printed, or highlighted for everything. You can realize everything you want by a publication. Book has a different type. As you may know that book is important issue to bring us around the world. Beside that you can your reading talent was fluently. A e-book Fill These Hearts: God, Sex, and the Universal Longing will make you to possibly be smarter. You can feel more confidence if you can know about everything. But some of you think which open or reading the book make you bored. It's not make you fun. Why they are often thought like that? Have you searching for best book or ideal book with you?

#### **Sharron Marty:**

Spent a free the perfect time to be fun activity to accomplish! A lot of people spent their sparetime with their family, or their own friends. Usually they undertaking activity like watching television, about to beach, or picnic in the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your free time/ holiday? Might be reading a book may be option to fill your no cost time/ holiday. The first thing that you will ask may be what kinds of book that you should read. If you want to try look for book, may be the book untitled Fill These Hearts: God, Sex, and the Universal Longing can be fine book to read. May be it can be best activity to you.

#### **Douglas Holmes:**

Reading a book to get new life style in this calendar year; every people loves to learn a book. When you examine a book you can get a wide range of benefit. When you read textbooks, you can improve your knowledge, since book has a lot of information onto it. The information that you will get depend on what forms of book that you have read. If you would like get information about your examine, you can read education books, but if you want to entertain yourself read a fiction books, this kind of us novel, comics, and soon. The Fill These Hearts: God, Sex, and the Universal Longing provide you with a new experience in looking at a book.

**John Collins:**

Is it a person who having spare time then spend it whole day by watching television programs or just telling lies on the bed? Do you need something new? This Fill These Hearts: God, Sex, and the Universal Longing can be the response, oh how comes? The new book you know. You are consequently out of date, spending your time by reading in this brand new era is common not a geek activity. So what these ebooks have than the others?

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