

Neurorehabilitation  
of the Upper Limb  
across the Lifespan  
Managing Hypertonicity for  
Optimal Function

Jodie Copley and Kathy Kuipers



# Neurorehabilitation of the Upper Limb Across the Lifespan: Managing Hypertonicity for Optimal Function

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- A comprehensive guide to managing spastic hypertonia after brain injury and the first full overview of this area
- The ideal reference for therapeutic interventions that optimise arm and hand function to support goal achievement
- An extensive clinical manual for neurological practice, a key reference for students and qualified practitioners, and a valuable resource for all occupational therapists and physiotherapists working with brain-injured clients

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### Editorial Review

#### Review

“This book is the only one I know of that addresses upper extremity neurological dysfunction on this level. Other books address neurological dysfunction, but not to this degree of specificity.” (Doody’s, 20 February 2015)

#### From the Back Cover

*Neurorehabilitation of the Upper Limb Across the Lifespan* is a comprehensive guide to managing spastic hypertonia after brain injury, and the ideal reference for therapeutic interventions that optimise arm and hand function to support goal achievement. The first full overview of this area, it is an extensive clinical manual for neurological practice, a key reference for students and qualified practitioners, and a valuable resource for all occupational therapists and physiotherapists working with brain-injured clients.

Covering clinical decision-making, assessment and goal-setting, strength and movement training, splinting, casting, Botulinum toxin injection and surgery, *Neurorehabilitation of the Upper Limb Across the Lifespan* promotes coordination of a lifelong approach to upper limb management.

#### About the Author

**Jodie Copley** is Senior Lecturer, Clinical Education Program Coordinator and Clinic Manager of the UQ Upper Limb Hypertonicity Clinic at the School of Health and Rehabilitation Sciences, University of Queensland, Australia.

**Kathy Kuipers** is Co-Director of OptimiseRehab, a private occupational therapy practice providing rehabilitation services to children and adults with upper limb hypertonicity, and Lecturer in the Division of Occupational Therapy, School of Health and Rehabilitation Sciences, University of Queensland, Australia.

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