



# The Edgar Cayce Handbook for Health through Drugless Therapy

By Harold J Reilly

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## The Edgar Cayce Handbook for Health through Drugless Therapy By Harold J Reilly

Hundreds of practical tips for excellent health resulted from physiotherapist Harold Reilly's use of the Edgar Cayce remedies in his practice. For more than thirty years the Reilly Health Institute in New York City's Rockefeller Center was a health mecca for prominent people. Government and business leaders such as Nelson Rockefeller, David Sarnoff, and George Meany; actors and actresses such as Mickey Rooney, Gloria Swanson, and Leslie Caron; international jet setters such as the Duke and Duchess of Windsor and the Dowager Empress of Egypt; and the famous from all walks of life, from Norman Vincent Peale to Robert Frost; credited Dr. Reilly with helping them to enjoy life to the fullest. This book covers those tips -- for healing, diet, nutrition, fitness, beauty, and longevity -- in a format that is easy to understand and follow.

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## **The Edgar Cayce Handbook for Health through Drugless Therapy By Harold J Reilly Bibliography**

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### Editorial Review

#### Review

The Edgar Cayce Handbook For Health Through Drugless Therapy is a compendium of Edgar Cayce's natural, drug-free techniques for restoring a healthy body, mind, and spirit which often anticipated the discoveries of modern medical research by decades. The Edgar Cayce Handbook For Health shows how the reader can cope with the common cold, control arthritis and psoriasis, protect the heart, increase sexual fulfillment, fight fat and fatigue, improve the figure, banish constipation, enjoy health-spa benefits at home, and much, much more. Harold Reilly has done an especially noteworthy job of adding his own experiences and organizing Edgar Cayce's insights into health and medicine for the reader's benefit. --*Midwest Book Review*

#### From the Back Cover

Edgar Cayce's natural, drug-free techniques for restoring a healthy body, mind, and spirit often anticipated the discoveries of modern medical research for decades. Now, a world-famous practitioner's 45 years' experience with the Cayce therapies is combined with the renowned psychic's own words to show how you can: cope with the common cold, control arthritis and psoriasis, protect your heart, increase sexual fulfillment, fight fat and fatigue, improve your figure, banish constipation, enjoy health-spa benefits at home, and much, much more.

#### About the Author

Dr. Harold Reilly was born on the Lower East Side of New York City in 1895. He served in the United States army with the 102nd engineers. In 1916 he graduated from the National Eclectic Institute, he also earned degrees from Ithaca College and Eastern Reserve University. Dr Reilly also graduated from the American College of Naturopathy and the American School of Chiropractic and completed two years of study in osteopathy. Considered one of the most renowned physiotherapists in the world, Dr Reilly died in 1987 in Virginia Beach.

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