



# **I Can't Believe You Said That!: My Story about Using My Social Filter...or Not! (Best Me I Can Be!)**

*By Julia Cook*

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## **I Can't Believe You Said That!: My Story about Using My Social Filter...or Not! (Best Me I Can Be!) By Julia Cook**

RJ says what he thinks... no matter how it sounds or makes others feel. His mouth is getting him into a lot of trouble. A rude comment at school earned him a detention. An insensitive remark at home earned him a scolding and made his sister cry. RJ doesn't realize his words are wrong. He thinks he's just offering feedback. It's time RJ starts using a social filter when he speaks. With help from his parents, he learns he doesn't have to verbalize every thought that pops into his head. In fact, sometimes the less said the better!. The newest addition to the Best Me I Can Be! series offers help for children who say inappropriate things. This book is part of the BEST ME I Can Be series of books to help teach social skills to children.

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### **Editorial Review**

#### **Review**

...RJ is the rebel hero who often speaks before he thinks, needing to apologize for offending others or hurting feelings with unfiltered comments. Finally, after RJ has made a number of hurtful comments to others, his parents have a talk with him about using his social filter...They encourage him to really think about his words and how they may impact others...RJ is given an example of a situation where he manages to use his social filter to make a slightly altered comment to a classmate that is upbeat and positive, instead of hurtful or negative. At the end of several more exciting positive comments that are turned around by use of the social filter, RJ is amazed at his success: "I can't believe I just said that, but it worked!" Additional tips are included for parents and educators to help reinforce the excellent suggestions of "I Can't Believe You Said That!" Perky, upbeat color cartoon illustrations show RJ learning from a variety of social commenting situations, keeping a fun, positive perspective. --Children's Book Watch, Midwest Book Review

#### **About the Author**

Julia Cook has written more than 50 children's books and activity books to help teach children social skills.

### **Users Review**

#### **From reader reviews:**

##### **John Bennett:**

Book is usually written, printed, or descriptive for everything. You can know everything you want by a publication. Book has a different type. To be sure that book is important point to bring us around the world. Close to that you can your reading skill was fluently. A book I Can't Believe You Said That!: My Story about Using My Social Filter...or Not! (Best Me I Can Be!) will make you to end up being smarter. You can feel more confidence if you can know about every little thing. But some of you think which open or reading a book make you bored. It is far from make you fun. Why they may be thought like that? Have you searching for best book or appropriate book with you?

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**Penny Laughlin:**

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