



Principles of Nutritional Assessment

By Rosalind S. Gibson

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This is a comprehensive text on the methods - dietary, anthropometric, laboratory and clinical - of assessing the nutritional status of populations and of individuals in the hospital or the community. This *Second Edition* incorporates recent data from national nutritional surveys in the US and Europe; the flood of new information about iron, vitamin A and iodine; the role of folate in preventing neural tube defects; the use of HPLC techniques and enzyme assays; improvements in data handling; and many other developments.

A paperback edition of this book is available to readers living outside of North America and Europe. Interested parties should contact the author at: rsgibson@nutrition.earthlight.co.nz <http://nutrition.earthlight.co.nz>

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Editorial Review

Review

"...an excellent piece of work. The book provides new insights and current understanding in the area of nutritional assessment. This is a must read for all students and practicing nutritionists." --*African Journal of Food, Nutrition, Agriculture, and Development*

"The first edition in 1990 of Rosalind Gibson's book in this field has become a Nutrition classic. All nutrition scientists, and those who depend on their work, from health care workers, to food regulators, policy makers and educators, can be relieved and pleased that there is now a new edition of this work, which turns out to be remarkably contemporary and relevant...This work is not only encyclopaedic on methodology and, therefore, an essential reference for nutrition practitioners, but provides much reconceptualism of our food and nutrition thinking."--Prof. Mark L. Wahlqvist, *Asia Pacific Journal of Clinical Nutrition*

"This second edition provides a needed update, given the significant increase in knowledge related to nutritional assessment as well as heightened research interest in the association between nutritional status and health. This is probably the best comprehensive reference in the field because it discusses the scientific principles of nutritional assessment as well as the application of nutritional assessment in both research and clinical practice settings."--Denise M. Ney, PhD, RD, *Doody's*

"This valuable text and guide to nutritional assessment of individuals and populations is a welcome rarity, a comprehensive and authoritative book written by a single author."--*Food and Nutrition Bulletin*

"...a timely, valuable and useful addition to the armamentarium of dietitians/nutritionists and other health professionals involved in nutrition."--*South African Journal of Clinical Nutrition*

"I would recommend this book to all health care professionals involved in nutritional assessment in acute and community settings."--*British Dietetic Association*

"I was delighted to find that the newly published, larger and bright orange(!) second edition remains equally encyclopaedic in its breadth and is wonderfully up to date...There is no question that this excellent update of Gibson's *Principles of Nutritional Assessment* will remain the essential reference book for nutrition students and researchers alike for many years to come."--*British Journal of Nutrition*

About the Author

Rosalind S. Gibson is at University of Otago.

Users Review

From reader reviews:

Staci Eager:

This Principles of Nutritional Assessment book is just not ordinary book, you have it then the world is in your hands. The benefit you receive by reading this book is actually information inside this reserve incredible fresh, you will get data which is getting deeper anyone read a lot of information you will get. This kind of Principles of Nutritional Assessment without we realize teach the one who looking at it become critical in pondering and analyzing. Don't become worry Principles of Nutritional Assessment can bring once you are and not make your carrier space or bookshelves' turn into full because you can have it with your lovely laptop even phone. This Principles of Nutritional Assessment having great arrangement in word and layout, so you will not really feel uninterested in reading.

Christopher Pipkin:

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