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By Paula Hamilton

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The 5 in 10 Cookbook makes -- and keeps -- an extraordinary promise: quick and easy recipes that use 5 ingredients (or fewer) and cook in 10 minutes or less.

If you're like Paula Hamilton, tired of fast-food meals and determined to serve your family a delicious, nourishing dinner even if you've just come home from work, *The 5 in 10 Cookbook* is just what you need. Meals in minutes are guaranteed by limiting the recipes to 5 ingredients and 10 minutes of cooking time. Now your family can sit down to a home-cooked meal together every night.

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Editorial Review

About the Author

Paula Hamilton is the food editor of the *Oakland Tribune*. She lives in Oakland, California.

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